

Anti-Bullying Tactic 3 – Agreeing

okay

Goal: Teach students how to tactfully agree with a bully and defuse the situation.

Time: 1 hour

Materials:

1. Paper
2. Pencils
3. Art Supplies on hand in the classroom.

Leader's Note:

1. Bullies usually like for people to disagree with them because they can use their power to prove themselves right.
2. When you agree with a bully, there is a good chance you will throw them off guard.
3. View the examples below...

Bully: You are dumb.

You: Really! I thought I was smart. Well thanks for letting me know.

Bully: I saw that movie before.

You: No, you did not. You are lying.

Bully: Well I thought I saw the movie, but maybe I didn't.

4. The bullies in the examples did not get the chance to start an argument.
5. "You" agreed with everything the bully said and it is difficult to fight with someone that agrees with you.
6. Please note that "You" doesn't actually believe they are dumb or is lying.
7. Sometimes you can agree with the possibility that the bully is right.
8. View two examples below...

Bully: Your mother eats like a pig.

You: I've never knew my mother to eat like a pig but anything is possible. Maybe we are not giving her enough food at home.

Bully: You sure do put a lot gel in your hair.

You: Yes, I love to put it in my hair.

You: I may start taking a bath in it. I love it that much!

9. Agreeing is an easy way to handle an insult.
10. It is a surprise to the bully that you are agreeing with him/her.
11. Many times, a bully with take the truth and turn it into an insult.
12. Anything that is different, a bully will target.
13. Differences are what make us unique. Therefore, it is best to agree with the facts and ignore the mean insults.
14. Use your power to twist the insult into truth.
15. View the example below...

Bully: You have a big nose

You: Yes, it is a bit large. Thank you for noticing. That is very nice of you.

Activity 1: I AGREE

1. Divide students into groups of 2.
2. Give each student paper and art supplies.
3. Each group will create story/art work that does the following....
 - a. Show an image of a bully making an insulting statement.
 - b. The person receiving the statement will agree with the bully.
4. After each group completes this task, they will present their story/artwork to the class.
5. After each group has presented, the class will **predict** how they think the bully would respond (creating a discussion among the class).

Activity 2: Reporter

1. Divide the class into groups of 4.
2. Each group should choose one of the stories presented in the previous activity and create a news story exclusive.
3. Each group will use one or more of the class predictions on the bully's response in the previous activity in the news story.
4. The roles in the news story will be...
 - a. Reporter

b. Actors and Actresses

5. The reporter will tell the audience what happened in the story.
6. The actors and actresses will role play the bully making the insult and the victim's/target's and bystanders' reactions.
7. Students can add more to the news story to make it entertaining if they like.
8. After the activity, debrief with the class.

Debrief the Activity: Ask the students the following...

1. Did you find that "Agreeing" with the bully helpful?
2. Do you feel students could use this strategy?