

Lesson V

How to Express Who You Are

Goal: To introduce students to expression as a leader and give them an opportunity to tell the class about him/herself.

Objective: Students will be able to:
Express themselves with other leadership communication skills
Identify and use what is important in delivering a speech

Materials: pencils and paper

Time: 1 hour

Leader's Note: Explain to the class that they will be giving introductory speeches today. The introductory speeches will be about themselves. Tell the class to draw a picture of three things that symbolize themselves. They are to tell the class three things about themselves. Something about their past, something they would like to share about themselves presently, and finally something about what their goals are in the future.

The student should go in front of the class and do a mock introductory speech. The students are to explain their three drawings and how it represents them. Please make sure to explain that when giving a speech, a leader should:

Speak loudly
Try your best to say every word clearly
Speak Slowly and Clearly
Look toward the audience

This exercise should take an hour since each student will be given five minutes to speak. At the end, ask the class why each point above is important during a speech. For example: Why is speaking loudly important? Why is speaking slowly and clearly important?

Also ask the class...

If they learned something about themselves in this activity?
What are other tips for someone giving a speech about themselves?